

## CHOOSE FROM OUR INDIVIDUAL CULTURAL-SALADS

**Salads are \$28.99 each bowl**

**Serves 15 – 20 people**

### Thai Salad

Bell peppers, medley of beans and mushrooms and noodles tossed together in a Thai dressing

### Caesar Salad

Crisp romaine lettuce, bacon, fresh Parmesan, and croutons, server with our classic Caesar dressing

### Italian Pasta Salad

Fusilli with roasted red peppers, tomatoes, black olives and artichokes, blended together in a herb vinaigrette dressing

### German Potato Salad

Mini red potatoes, bacon and onions mixed with a Dijon and mayonnaise dressing

### Beet and Mandarin Salad

Red beets, red onions and Mandarin Oranges, blended together with raspberry vinaigrette dressing

### Greek Salad

Cucumbers, tomatoes, black olives and feta cheese, combined with a balsamic vinaigrette dressing

### Canadian Cabbage Salad

Cabbage, carrots and onions, blended together in a creamy style dressing



## Cold Luncheon

- Assorted sandwiches and wraps with a choice of fillings like eggs salad, tuna salad, turkey or chicken, ham and cheese, roasted & marinated vegetables, assorted cold cuts.
- A choice of salads like Mixed Garden greens or from our exclusive Cultural Salads.
- Assorted Sweets

**\$8.00 per person**

## Hot Luncheon

Lasagna or Pasta with Meatballs or Pasta with a Cream Sauce, Garlic Toast, and Choice of Salad.

**\$8.00 per person**

Vegetable Quiche with Choice of Salad  
**\$7.00 per person**

## Hot Entree options

### Choice of one Meat:

Roasted Herb Chicken/Chicken  
Parmesan/Shaved Roast Beef/Roasted  
Pork tenderloin

### Choice of one Starch

Roasted Potatoes/Mashed Potatoes/Rice  
pilaf

### Choice of One Vegetable:

Vegetable Medley/Green Beans and  
carrots/Roasted Seasonal Vegetable

### Choice of one salad:

Caesar, Mixed Organic Greens or Garden  
Salad

**\$ 12.00 per person**

## Dessert/Vegetable Trays

Assorted Cookie Tray(6Doz)

**\$35.00per tray**

Assorted Sweets (Cream Puffs,  
Eclairs, Tarts)

**\$12.00 per dozen**

Assorted Dessert Squares

**\$ 10.00 per dozen**

Assorted Cut Fruit trays (L,M,S)

Assorted Cut Vegetable Tray/Dip

Large Tray - **\$45.00 per tray**

Medium Tray - **\$ 35.00**

Small Tray - **\$ 25.00**

Coffee, Tea, Water, Juice and/or  
Assorted Soda

**\$1.25 per person**

**Different food choices are  
available on request.**



## Breakfast Menu

### **1. Choice of any 2:**

Croissants, Muffins, Danishes, Scones, Bagels, accompanied with condiments

### **2. Choice of 1:**

Fruit cups, fruit trays or Mini Yogurt

### **3. Choice of 1:**

Banana nut loaf, lemon loaf, zucchini bread, Cranberry Orange loaf

### **4. Bottled water and juice**

### **5. Coffee and tea also available**

**\$7.00/person**



*St. Charles Adult & Continuing Education strives to be a Catholic Centre of Excellence serving the lifelong learning needs of our adult community, providing high quality and innovative programs, delivered by a well-trained and knowledgeable staff, through dynamic academic and business leadership.*

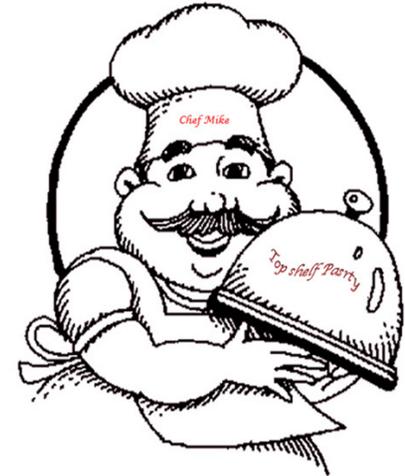
## **Chef Training Program**



*Our Catering services is an extension of the Chef Training program which helps the students gain experience in the skills needed to organize, prepare and execute events of various types.*

*The food is prepared following the standards of the Hospitality and Tourism Industry, the strict guidelines of food handling techniques and under the direct supervision of the Chef Training Teachers.*

*We thank you for your patronage and look forward to your continuous support and feedback.*



**ST. CHARLES  
ADULT EDUCATION  
CATERING SERVICES TO  
ORDER:**

**CALL: 905-577-0555**

**EXT: 3211**

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