

Visit the Mobile Cancer Screening Coach

- ✔ **Pap tests**
 Ages 21-69,
 every 3 years
- ✔ **Mammograms**
 Ages 50-74,
 every 2 years
- ✔ **At-Home test for colon cancer screening**
 Ages 50-74, every 2 years
- ✔ **Help to quit smoking**
 Ages 18+

JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Happy New Year! CLOSED	2 Niagara Falls Community Health Centre (4790 Victoria Ave.) 9:00-3:00	3 Centre on Barton (1275 Barton St. E) 8:00-4:00	
5	6 Indwell – Parkdale Landing (205 Melvin Ave) 8:30-4:30	7 Battlefield Plaza (840 Queenston Rd.) 8:30-4:30	8 Just Train Fitness (790 Main St. E) 8:30-12:00	9 Grace Villa Long Term Care (45 Lockton Cres.) 8:30-4:30	10 Hamilton Community Food Centre (310 Limeridge Rd. W) 8:00-4:00	11
12	13 Compass Community Health (438 Hughson St. N) 8:30-4:30	14 Bridges Community Health Centre – Fort Erie Site (1485 Garrison Rd) 9:00-3:00	15 Bridges Community Health Centre – Fort Erie Site (1485 Garrison Rd) 9:00-3:00	16 St. Charles Mountain (150 E 5th St) 8:30-4:30	17 YWCA Hamilton (75 MacNab St. S) 8:00-4:00	18
19	20 Willowgrove LTC Residence (1217 Old Mohawk Rd) 8:30-4:30	21 Catholic Family Services (447 Main St. E) 8:30-4:30	22 Macassa Lodge (701 Upper Sherman Ave) 8:30-4:30	23 Friends Over 55 Recreation Centre Port Colborne (554 Fielden Ave.) 9:00-3:00	24 Hamilton Mountain Mosque (1545 Stone Church Rd. E) 8:00-4:00	25
26	27 Les Chater Family YMCA (356 Rymal Rd E) 8:30-4:30	28 Quest Community Health Centre (145 Queenston St.) 9:00-3:00	29 Walker Family YMCA (25 YMCA Dr.) 9:00-3:00	30 Dominic Agostino Riverdale Community Centre (150 Violet Dr.) 8:30-4:30	31 Willowgrove LTC Residence (1217 Old Mohawk Rd) 8:00-4:00	

Legend: Teal: Hamilton location; Pink: Niagara location; Purple: Territory location; Green: Special Event; Blue: Workplace

* Our last appointment is 30 minutes before the Coach closes



Hamilton Niagara Haldimand Brant Regional Cancer Program
 in partnership with Cancer Care Ontario



www.hnhbscreenforlife.ca/schedule

905-975-4467 or 1-855-338-3131

**locations and times subject to change*